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Bankart Repair Introduction
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Doctor’s Personal Note: A Message From Your Doctor
Thank you for visiting our website and viewing our 3D Animation Library. These animations should assist you in better understanding your condition or procedure. We look forward to answering any additional questions you may have at our next appointment.

Shoulder Instability
Shoulder instability and dislocation occur when the shoulder capsule is stretched or torn, and/or when the labrum is detached from the glenoid.

Incisions
Small incisions (portals) are made around the joint. The scope and surgical instruments will go into these incisions.
**Visualization**

The scope is inserted into the back of the shoulder joint. Saline solution flows through a tube (cannula) and into the shoulder capsule to expand the joint and to improve visualization. The image is sent to a video monitor where the surgeon can see inside the joint.

**Repair**

A surgical instrument is inserted into the joint. It will be used to reattach the labrum to the glenoid using suture and anchor-like devices. This type of injury is also associated with tears to the capsule that surrounds the shoulder joint. The capsule tear is located in the same area where the labrum is detached. The capsule tear is also repaired using suture.

**End of Procedure**

After the labrum is reattached, the surgical instruments are removed and the procedure is completed.