Capsular Shift

The shoulder is a complex multidirectional ball-and-socket joint which allows movement in many directions.
**Capsular Shift Repair Introduction**
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**Doctor’s Personal Note: A Message From Your Doctor**
Thank you for visiting our website and viewing our 3D Animation Library. These animations should assist you in better understanding your condition or procedure. We look forward to answering any additional questions you may have at our next appointment.

**Shoulder Instability**
Shoulder instability and dislocation occur when the shoulder capsule is stretched or torn, and/or when the labrum is detached from the glenoid.

**Incisions**
Small incisions (portals) are made around the joint. The scope and surgical instruments will go into these incisions.
Visualization
The scope is inserted into the back of the shoulder joint. Saline solution flows through a tube (cannula) and into the shoulder capsule to expand the joint and to improve visualization. The image is sent to a video monitor where the surgeon can see inside the joint.

Repair
The capsule that helps hold the humeral head in the glenoid has been stretched. The excess tissue will be folded underneath itself and stitched together using suture, thus tightening the capsule.

End of Procedure
After the capsule has been tightened, the surgical instruments are removed and the procedure is completed.