Trimming of Torn Labrum

The shoulder is a complex multidirectional ball-and-socket joint which allows movement in many directions.
Trimming of Torn Labrum Introduction
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Doctor's Personal Note: A Message From Your Doctor
Thank you for visiting our website and viewing our 3D Animation Library. These animations should assist you in better understanding your condition or procedure. We look forward to answering any additional questions you may have at our next appointment.

Shoulder Instability
Shoulder instability and dislocation occur when the shoulder capsule is stretched or torn, and/or when the labrum is detached from the glenoid.

Incisions
Small incisions (portals) are made around the joint. The scope and surgical instruments will go into these incisions.
Visualization
The scope is inserted into the back of the shoulder joint. Saline solution flows through a tube (cannula) and into the shoulder capsule to expand the joint and to improve visualization. The image is sent to a video monitor where the surgeon can see inside the joint.

Repair
The torn and frayed part of the labrum can cause pain and irritation in the shoulder. A surgical instrument called a shaver blade is inserted into the joint and the damaged tissue is removed.

End of Procedure
With the labrum trimming complete, the surgical instruments are removed and the procedure is completed.